Create Home Space



Tame Overwhelm with Thoughtful Selection

Less is Abundantly More...

With less you gain

- ☐ MORE disposable income for necessities & niceties (travel, education, entertainment, well-care)
- ☐ MORE available space for you to work or chill out
- □ MORE free time
- MORE calming, aesthetically pleasing rooms

Mindful purchasing...

Before pulling out your wallet ask yourself

- ☐ Is the object useful? Save time? Enhance enjoyment?
- ☐ How often will you use it? If seldom, can you borrow or rent it?
- ☐ Will you mind cleaning one more object?
- ☐ How easy can you eco-dispose (donate, sell, gift, repurpose, recycle)?

Keeper Tips...

- ☐ Keep the objects you use
- ☐ Retain the things you need (safety devices & emergency prep, tax & financial records, property deeds, estate planning documents)
- ☐ Hold onto gadgets that make your life easier & save you time
- ☐ Save possessions that make your life wonderful (family & event photos, artwork, hobby supplies, clothes & accessories that wow, favorite memorabilia)

In your home...

Ways to make room

- ☐ Remove items that are tattered, torn, stained & irreparable, outdated, non-fitting, not functioning, and don't mesh with your style
- ☐ Remove items with negative emobaggage (personal, relationships, workrelated, event trauma)
- Remove 1-2 items from your surfaces or closet. Box up & stow the objects for 3 -9 months. See how that feels. Bring them back if you miss them. Donate, gift, sell, recycle if you don't.

Minimizing doesn't mean barren & lifeless...

It's a lifestyle of thoughtful selection



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